# UNICEF UK BABY FRIENDLY INITIATIVE MANAGING POTENTIAL CONFLICTS OF INTEREST IN A BABY FRIENDLY ACCREDITED SERVICE



This information can also be found in our guide for health workers: Working within the International Code of Marketing of Breast-Milk Substitutes: <u>unicef.uk/thecode</u>

#### December 2018

### Background

The World Health Organization (WHO) / Unicef UK Baby Friendly Initiative requires that all Baby Friendly accredited services adhere to the International Code of Marketing of Breastmilk Substitutes (the Code). This includes avoiding potential conflicts of interest between companies which produce goods covered by the Code (e.g. infant formula, bottles, teats and food marketed for babies under six months) and the accredited service or individuals who work within that service.

### WHA Resolution 69.9, Recommendation 6 states:

"Companies that market foods for infants and young children should not create conflicts of interest in health facilities or throughout health systems. Health workers, health systems, health professional associations and nongovernmental organizations should likewise avoid such conflicts of interest." <u>unicef.uk/cd03o6</u>

Determining what constitutes a conflict of interest in large and complex public service institutions can cause confusion and stress for those leading on the implementation of the Baby Friendly Initiative standards. This statement is intended to clarify what is required and what will and will not affect Baby Friendly accreditation. It should be read in conjunction with our guide for health workers: Working within the International Code of Marketing of Breast-milk Substitutes: <u>unicef.uk/thecode</u>

## What is a conflict of interest?

A conflict of interest is any situation where an individual or organisation is in a position to derive a benefit which is at odds with the interests / purpose of their position or organisation. In this context, it is most usually seen when individual members of staff enter into a relationship with companies falling within the scope of the Code (the companies) in order to gain some advantage for themselves or their service. As the companies' intentions are to use the relationship to gain market share and increase profits, there is a conflict of interest with Baby Friendly accredited services' intention to improve maternal and child health through breastfeeding.

There are numerous examples of potential conflicts of interest. However, in the UK, where the Baby Friendly Initiative has been active for over 20 years and there is a high awareness of the Code, it is generally not the most obvious conflicts, such as those involving direct contact with parents, that are an issue. Rather, the most common potential conflicts of interest brought to our notice involve:

- Sponsored study days / smaller education sessions / meetings offered for staff or parents on public service premises
- Staff attending sponsored study days
- Individual staff engaging with the companies e.g. by speaking at sponsored events, writing articles, blogs etc. for the companies

 Awards and other gifts being made to individual staff by the companies or by a separate organisation which is being sponsored by the companies.

We will address the above issues in this statement.

### Unicef UK's position on potential conflicts of interest in Baby Friendly accredited services

Unicef UK believes that the companies should not be allowed to exert influence over our public services or individuals who work in those services, as all such activity is carried out with the primary intention of increasing sales and market share, which in turn has the potential to adversely affect maternal and child health. Therefore, any activity which gives the companies opportunities to influence staff and/or parents within an accredited service can result in the removal of Baby Friendly accreditation.

However, accredited services are often only one small part of large and complex organisations (e.g. NHS Trusts, county councils or universities) each divided into numerous departments, employing thousands of staff. Baby Friendly leads and managers often have limited resources available to monitor their larger organisation or to control possible violations of the Code in areas where they may have little influence.

We are therefore clarifying our position around conflicts of interest in order to make clear what will and will not affect Baby Friendly accreditation. This is in order to support stronger Code compliance across organisations, while recognising the challenges faced by individual Baby Friendly accredited services. As with all other Baby Friendly standards the criteria will be categorised as follows:

- **Requirements:** Mandatory changes which need to be made to achieve or maintain accreditation.
- Recommendations: Changes that will help achieve and maintain accreditation and that we expect to see progress on over time. Written acknowledgement of the recommendation and actions to be taken will be expected.
- Advice: Suggestions for improving practice that will not affect accreditation.

Whilst not all the categories will affect accreditation, we would expect the Baby Friendly lead, Head of Service, Guardian etc. to exert their influence to address all violations, whatever category these fall into, in order to improve Code compliance across the organisation.

Cases will be considered individually by the Designation Committee who will take into account not only the proximity to or involvement of the accredited service, but also the degree to which the relationship or activity relates to infant feeding or maternal and infant health. The decision of the Designation Committee is final. The table below details our requirements, recommendations and advice for potential conflicts of interest.

Potential	Requirement	Recommendation	Advice	Notes
conflict of				
interest				
Sponsored	There must be no sponsored	There must be no	There should be no	A recommendation may become a
study days /	events of any kind on the	sponsored events within	sponsored events in any	requirement if the event is held in an
events /	accredited services' premises.	neighbouring areas to	part of the Trust, council or	area with very close links to the
meetings	Service premises are the areas	the accredited service –	university, even if this has	accredited service.
on public	that house the actual service and	this could be in a service	nothing to do with the	
services	also those that the service staff	with links to the	accredited service.	
premises	habitually use (shared seminar	accredited service (e.g.		
	rooms, training rooms etc.). The	when parents are		
	premises also include any area	habitually cared for in		
	that a member of the public could	both services), or in an		
	feasibly consider to be part of the	allied service that		
	accredited service, even if this is	sometimes works with		
	not actually the case.	the accredited service.		
Staff	Staff from accredited services	Staff from neighbouring	Staff from all areas of	It is not always immediately obvious
attending	must not be encouraged or	services must not be	accredited and	that a study day is being sponsored,
sponsored	enabled to attend sponsored	encouraged or enabled	neighbouring services	and so a reasonable amount of
study days	study days. This includes	to attend sponsored	should be discouraged from	checking beforehand would be
	attending during work time,	study days as described	attending sponsored study	expected. Dispensation will only be
	receiving financial support to	in the requirement.	days in their own time as	given when information on
	attend or being informed of the		well as during work time.	sponsorship has been withheld and
	event through work		Staff from areas of the	staff are genuinely not aware that it is
	communication channels.		organisation that have	a sponsored event.
			nothing to do with the	Where there is a genuine gap in
			accredited service should	meeting the educational needs of
			also not be encouraged or	staff, services should consider ways of
			enabled to attend	providing this without involvement
			sponsored study days.	from the companies.

Potential conflict of interest	Requirement	Recommendation	Advice	Notes
Individual staff engaging with the companies	Staff from the accredited service or closely associated with the accredited service must not cite their position within the accredited service when working with the companies as described in the notes column. Staff from anywhere in the organisation must not use the accredited service's name or Baby Friendly accreditation when working with the companies. Staff should not be enabled to carry out such work during their normal working hours.	Staff from adjoining services must not use their position and/or the organisation's name in general to enhance the companies' profile / reputation through activity as described. This could become a requirement if it is likely to bring the service's Baby Friendly accreditation into disrepute.	Staff from parts of the Trust that have nothing to do with the accredited service should not use the organisation's name when working with the companies, including on issues unrelated to infant feeding (e.g. specialist nutrition for the elderly etc.).	Engagement may include speaking at company sponsored events, providing articles, opinion pieces, blogs etc. for company websites and other communication channels. Staff can also act as 'advisors' for the companies. The staff member's professional position and place of work are often cited as proof of their expertise. Such activity presents a clear conflict of interest with that of an accredited Baby Friendly service. Engagement can be paid or unpaid. Staff gain from the exposure and prestige even when no payment is made. Services should be aware of the value of their good name and reputation and how this can be appropriated by the companies through their relationships with individual members of staff.
Awards and gifts	There must be no awards or gifts accepted when these are related in any way to the work of the accredited service to achieve or maintain Baby Friendly accreditation or to infant feeding	There must be no awards or gifts accepted that are related to the accredited service, even when these are not connected to the	There should be no company awards or gifts made to any staff member or service within an organisation that includes an accredited service.	There are numerous ways that the companies can create conflicts of interest through providing gifts to individuals or to services. Examples include bursaries for learning and qualifications and awards for excellent

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care more generally. There must	service's Baby Friendly	practice which are often presented
be no association made between	work or infant feeding	through third party competitions or
a company award or gift and	care more generally.	nominations (e.g. award ceremonies
Unicef UK or the Baby Friendly	There must be no	through a professional body). When
Initiative.	company awards or gifts	considering whether to accept an
	accepted in adjoining	award, sponsorship of the individual
	services.	award and of the wider event should
		be considered.

#### Glossary

- **Organisation:** Public service which includes an accredited service. Usually an NHS Trust, County Council or University.
- Service: An individual department or other defined entity that sits within the organisation. Examples would include a maternity, paediatric or neonatal unit, or more distantly a medical or surgical unit within an NHS Acute Trust. Within County Councils examples could include the health visiting service, the social services department, dietetic department etc. In a university it would be the midwifery department/school, the public health department and then other departments that sit within the health faculty, and then those that sit within other faculties within the university.
- Accredited service: The maternity unit, health visiting service, neonatal unit, midwifery / health visiting department / school within a university that is accredited as Baby Friendly.
- Adjoining service: A service that works closely with the accredited service but is not itself accredited. Examples would include a neonatal unit that is not accredited but that is in the same organisation as an accredited maternity unit.
- **Staff:** People employed by the organisation in whatever capacity.