**Annual audit form**

**University**

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| **University name:** |  |
| **Contact name, email & telephone:**  |  |
| **Date of last assessment:** |  |
| **Date of this annual audit:** |  |
| **Number of students included in this audit:** |  |

**Introduction**

Universities accredited as Baby Friendly must submit audit results on an annual basis in order that effective maintenance of standards may be monitored. Programmes are requested to complete the form and submit electronically to the Baby Friendly office.

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| **(Theme 1) Understand breastfeeding****Students understand…** | **% giving correct/adequate response** |
| 1a. Antenatal information |  |
| 1b. Constituents of human milk |  |
| 1c. Hormones and milk supply |  |
| 1d. Getting breastfeeding off to a good start |  |
| **(Theme 2) Support infant feeding****Students understand…** | **% giving correct/adequate response** |
| 2a. Breastfeeding rates in UK |  |
| 2b. Importance of skin-to-skin |  |
| 2c. Key principles of positioning |  |
| 2d. How babies attach to the breast |  |
| 2e. The signs of effective attachment |  |
| 2f. The importance of effective attachment |  |
| 2g. How to support a mother with hand expression |  |
| 2h. The signs a baby is receiving enough breastmilk |  |
| 2i. Able to describe feeding cues |  |
| 2j. Able to describe responsive feeding |  |
| 2k. Supporting continued breastfeeding |  |
| 2l. Able to describe safe formula feeding |  |
| 2m. Able to describe responsive bottle feeding |  |
| 2n. Recommended age for staring solids (HV) |  |
| 2o. Understand the Code |  |
| **(Theme 3) Support close and loving relationships****Students understand…** | **% giving correct/adequate response** |
| 3a. The importance of close and loving relationships |  |
| 3b. How to encourage close and loving relationships |  |
| **(Theme 4) Manage the challenges****Students understand…** | **% giving correct/adequate response** |
| **Student midwives** |
| 4a. How to support a mother when a baby is reluctant to feed |  |
| 4b. Why supplements should be avoided |  |
| 4c. Supporting a baby at risk of hypoglycaemia |  |
| 4d. How engorgement can be prevented |  |
| **Student health visitors** |
| 4a. How to help prevent mastitis |  |
| 4b. Assessing and managing poor weight gain |  |
| 4c. Managing significant weight issues |  |
| **(Theme 5) Promote positive communication****Students understand…** | **% giving correct/adequate response** |
| 5a. Antenatal communication |  |
| 5b. Postnatal communication |  |
| 5c .Keeping updated in infant feeding |  |

Please tell us about any major change in the university or programme which may have impacted on the ability to provide effective education or any other external assessment which has highlighted significant problems.

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**Action planning**

*Please describe any actions you are taking following this audit:*

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Thank you for completing this information. A member of the Baby Friendly Initiative team may contact you to discuss the results.

🗐 **Please send this audit form to** **bfi@unicef.org.uk**