

# HOW THE WHOLE SYSTEM PROMOTES MENTAL HEALTH IN EARLY CHILDHOOD

Some of the local services that ensure babies and young children are mentally healthy

## Local employer



I can provide **flexible work**, so this baby's parents can earn money and spend quality time with them.

## Midwife



I helped this little child's mum stay **happy and healthy in pregnancy**, and to have a **safe birth**, so that they had the best possible environment and experiences at the start of life.

## Park Service



I can improve the facilities at the local park so that it's easier for children in buggies to access the play space and for their families to **feel safe and comfortable**.

## Early Years Practitioner

I can support this toddler to develop their **language**, to understand their **emotions**, to **play** and to **make friends**.



## Early Help Practitioner

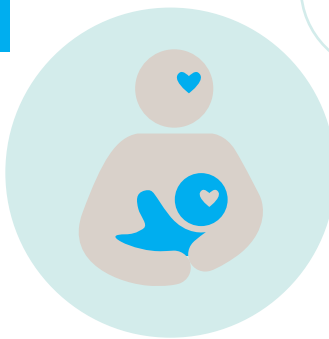
### In The Family Hub

I can work with this child and their family to **understand their needs and goals**, and to help them to access the support that is available in their area.



## Baby And Toddler Group Volunteer

I can provide this child and their parents a **safe space** where they can play and enjoy quality time together.



## GP

I can help this child's parents to get the support they need from local services that can **support their mental health**.



## Baby Bank

We can give this family **warm clothes, books and toys** so that this child is comfortable and has things to play with at home.



## Health Visitor

I can help this family with a range of **social, emotional and physical health issues**, including ensuring that this child is physically healthy so that they feel good and can develop healthily.



## Social Worker

I met this family during their pregnancy because they have a history of adversity and had a previous child removed. I have helped them to get the support they need to ensure this child is **safe and nurtured**.



## Early Years SENCO

I can recognise when this child is struggling with their behaviour or emotions, and provide extra support to **help them manage their feelings**.



## Parent-infant Psychologist

I can support this baby and their parents, to **strengthen their early relationship** so the child gets the nurturing care they need.



## Local Advice Service Volunteer

I can help the child's parents access the **benefits and childcare support** they are entitled to.

