

A SOCIO-ECOLOGICAL MODEL OF MENTAL HEALTH IN INFANCY AND EARLY CHILDHOOD

**RISK
FACTORS**

**PROTECTIVE
FACTORS**



ENVIRONMENT (CULTURE, SOCIETY, POLICY, AND SYSTEMS)

Factors that the child does not directly interact with, yet shape their experiences.



COMMUNITY

Factors within the child's wider family and community, their neighbourhood, environment and the services they use.



FAMILY, CAREGIVER

Factors affecting the child's caregiver and their home environment.

CAREGIVER-CHILD RELATIONSHIP



CHILD

Individual factors shaped by genes and early experiences.